



# SUPER VEGAN SHAKE

## STRAWBERRY BANANA

- NON GMO
- NO ARTIFICIAL FLAVORS
- SOY FREE
- DAIRY FREE

- GLUTEN FREE
- HORMONE FREE
- ANTIBIOTIC FREE
- SUGAR FREE

**A hypoallergenic, vegetarian, low carbohydrate protein powder suitable for those with food allergies and food sensitivities.**

**Super Vegan Shake** provides a low carbohydrate option that is free from the most common food allergens, including gluten, dairy, and soy. Many protein powders on the market contain common food allergens, making those shakes unsuitable for sensitive individuals.

**Super Vegan Shake** features pea, rice, and pumpkin as its protein sources, providing a delicious alternative for people on a variety of food programs including weight management, detoxification, low carbohydrate, diabetes, food allergies, or those simply looking to add shakes to their daily routine.

**Super Vegan Shake** can be mixed easily with water, coconut, rice or almond milk, and juice. Super Vegan Shake may be added to a blender with fresh or frozen fruit, coconut, rice or almond milk, ice, or, nut butter.

### About the Ingredients

- Protein Blend includes pea, rice, and pumpkin proteins. These vegetable protein sources provide amino acids required by the body for people who are vegetarians, have food allergies or sensitivities, or who are looking for a hypoallergenic energy drink. These essential amino acids must be obtained through diet; the human body does not synthesize them.
- **Fibersol-2™** is a soluble fiber comprised of a digestion-resistant maltodextrin. Fiber serves many purposes, including binding toxins in the intestines to aid in detoxification, helping glucose and lipid control, and supporting proper bowel function, regularity, fecal volume, and beneficial intestinal micro flora. What makes Fibersol®-2 unique is that it is soluble and less dense than other fibers and does not cause bloating or intestinal gas. Fibersol®-2 is well tolerated and results in favorable fermentation in the large bowel and assists in production of short chained fatty acids which are the preferred fuel source of the colon cells. Fibersol®-2 can be mixed with any hot or cold food or beverage.
- **Medium Chain Triglycerides (MCTs)** are easily absorbed and easily metabolized fatty acids found in foods like coconut oil and palm oil. MCTs may assist in weight loss because they support the body's ability to process extra calories and provide a quick source of energy. MCT oils are a preferred fuel source and unlike other fats will not be stored in the body.

### Supplement Facts

**Amount Per Serving: 1 scoop**

**Servings Per Container: 30**

Calories	137
Total Fat	2g
MCT Oil (Saturated Fat)	2g
Sodium	219mg
Total Carbohydrates	5g
Trans Fat	0g
Sugar	0g
Fibersol-2™	3g
Total Dietary Fiber	3g
Protein	24g
Calcium	188mg
Phosphorus	284mg
Potassium	46mg
Iron	4.5mg

### Peanut Butter

#### Amino Acid Profile:

Alanine	1179.97mg	Lysine	1409.77mg
Arginine	1717.03mg	Methionine	309.84mg
Aspartic Acid	3279.14mg	Phenylalanine	1316.82mg
Glutamic Acid	3434.06mg	Proline	1200.63mg
Glycine	795.25mg	Serine	1693.79mg
Histidine	890.79mg	Trysine	1647.32mg
Isoleucine	1164.48mg	Threonine	1081.86mg
Leucine	1944.25mg	Valine	1050.87mg

**Other Ingredients:** Protein Blend (Pea protein isolate, Rice protein and Pumpkin), Medium Chain Triglycerides, Fibersol 2™, Natural Flavors Stevia

**Warning:** Medications should be taken separately from high-fiber supplements like Fibersol-2™. Fiber can theoretically interfere with the absorption of medication taken at the same time. We suggest taking medications 2 hours before or after using the Fibersol-2™ in Super Vegan Shake.

Distributed by  
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\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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