



HEALTHY WEIGHT II†

A DIETARY SUPPLEMENT TO SUPPORT
WEIGHT MANAGEMENT †

Healthy Weight II† with Raspberry Ketone is a vegetarian, dietary supplement that supports weight management.*

Healthy Weight II† with Raspberry Ketone combines four ingredients (WellTrim® iG African Mango Seed Extract, Raspberry Ketone, Green Coffee Bean Extract and Green Tea Extract) that work synergistically to help break through weight loss barriers.*

Healthy Weight II† with Raspberry Ketone supports:

- Thermogenesis*
- Fat burning hormones Leptin and Adiponectin*
- Appetite control*
- Healthy blood sugar levels and reduced cravings*
- Proper fat metabolism*

About the ingredients:

- African Mango (*Irvingia gabonensis*) is a fruit found and grown in West Africa. The extract derived from the seed has been shown to support weight management through appetite suppression and increased metabolic rate.* It works to slow body fat production by supporting favorable changes in Glycerol-3 Phosphate, Leptin and Adiponectin which supports reduction of the conversion of complex carbs into sugars, fat burning and hunger management.* WellTrim® iG is a trademarked and patented extract of *Irvingia gabonensis* that is a clinically proven ingredient that supports multi-functional weight management activity*.
- Raspberry Ketone is a compound that produces the smell in raspberries. It supports the weight loss process by supporting the body's ability to produce Adiponectin a hormone that increases metabolism and modulates a number of metabolic processes, including glucose regulation and fatty acid catabolism.* Adiponectin is exclusively secreted from adipose tissue and supports weight management via the brain similar to the action of leptin a hormone produced in adipose tissue that increases metabolism and supports appetite control.*
- Green Coffee Bean Extract provides antioxidant activity and supports metabolism in order to burn a higher proportion of lipids to carbohydrates.* Green Coffee Bean Extract contains two important polyphenolic compounds- caffeic and chlorogenic acids. Caffeic acid provides a safe energy boost while being naturally low in caffeine.* Chlorogenic acid helps to slow the release of glucose into the bloodstream after a meal and reduce the absorption of dietary fat.*

- Green Tea Extract is an excellent source of potent polyphenols (bioflavonoids with powerful antioxidant properties)*. Research has identified EGCG as the most active polyphenolic compound in Green Tea that supports thermogenesis (fat burning), healthy blood insulin levels and appetite control.* The Green Tea Extract used in this product is standardized to contain 70% EGCG per capsule!

Supplement Facts

Serving Size: 1 Capsule

Amount Per Serving

WellTrim® iG (IGOB131®) African Mango (<i>Irvingia gabonensis</i>) Seed Extract	150 mg
Green Coffee Bean Extract	300 mg
Green Tea (<i>Camellia sinensis</i> L.) Leaf Extract yielding Epigallo-catechin-3-gallate (EGCG)	100 mg 70 mg
Raspberry Ketone	100 mg

Other ingredients: vegetable cellulose (capsule), rice flour, vegetarian leucine.

Warning: If pregnant or nursing, consult your healthcare practitioner before taking this product.

- **Suggested Use:** As a dietary supplement, take 1 capsule twice daily before a meal, or as directed by your healthcare practitioner.

WellTrim® iG is a trademark of Icon Group, LLC.
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and is protected under U.S. Patent 7,537,790.

WellTrim® iG
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