



HEALTHY REDS

A DELICIOUS ANTIOXIDANT DRINK MIX SUPPLEMENT WITH
ORAC BERRIES TO SUPPORT IMMUNE SYSTEM HEALTH!

A delicious antioxidant drink mix supplement with ORAC berries to support immune system health.*

Healthy Reds is:

- A tasty berry blend available in a 30 serving container
- Jam-packed with antioxidants
- Designed to boost energy and support the body's antioxidant defense systems.*
- Each serving is designed to contain at least 3000 ORAC units and contains a minimum of 2 grams of fiber for digestive tract support.*

About ORAC

- ORAC stands for Oxygen Radical Absorbance Capacity, a test that measures antioxidant potency. The higher the ORAC score, the higher the antioxidant support. The average person in the U.S. consumes about 1,200 ORAC units daily.

Recommended antioxidant support for:

Liver Function

- ORAC Blend, Fruit Extract Antioxidants, DMG, L-Glutathione and Milk Thistle support liver detoxification and optimal function.* They provide antioxidant support, promote the synthesis of glutathione and help to protect the structure of the outer cell membranes of the liver for improved defense against harmful toxins.*

Brain Health

- Phosphatidylserine, Flax Seed, Choline, Acetyl-L-Carnitine, Inositol and Lecithin support brain cell function and the myelin sheaths, which keep nerves healthy and functioning correctly.*

Cardiovascular Function

- Resveratrol, Acetyl-L-Carnitine, DMG, ORAC Blend, L-Glutathione and Fruit Extract Antioxidants support the cardiovascular system.* These nutrients work synergistically to protect against oxidative stress.* They also benefit circulation and support the healthy structure and function of the heart and blood vessels.*

Immune System Function

- DMG is an antioxidant and a versatile health potentiating nutrient.* Larch Tree Arabinogalactans support normal immune system function by modulating the number of immune cells present in the bloodstream and supporting normal cell replication.*

Eye Health

- Glutathione along with Lycopene, FloraGLO® brand Lutein and Astaxanthin are potent antioxidants that support the structure and function of the eyes and reduce oxidative stress caused by free radicals.*

Supplement Facts

Serving Size 10.77 g (1 Rounded Scoop)

Servings per Container: 30

Calories	40
Calories from Fat	1
Total Fat	<1 g
Total Carbohydrates	9 g
Sugars	3 g
Fiber	2 g
Protein	1 g
Vitamin A	31.89 IU
Vitamin C	3.9 mg
Calcium	7 mg
Iron	0.6 mg
Sodium	25.6 mg
Proprietary Fruit Powder Blend	5.65 g
Containing: Strawberries, Cherries, Red Raspberries, Acerola, Pomegranates, Cranberries, Blackberries, Blueberries, Papayas, Plums, Peaches, Pears, Mangos, Watermelon, Red Currants, Nectarines, Blood Oranges.	
Soluble Fiber (Fibersol-2™ brand)	2,000 mg

Carrot Powder	700 mg
ORAC Blend	500 mg
A proprietary blend of Green Tea Extract, Grape Seed Extract, Apple, Blueberry, Broccoli, Cranberry, Kale, Orange, Prune, Raspberry, Spinach, and Strawberry.	
Flax Seed	250 mg
Arabinogalactan Larch tree (Larix laricina) Extract	200 mg
Apple Pectin	200 mg
Soy Lecithin	150 mg
Inositol	120 mg
DMG HCl	100 mg
Choline	80 mg
L-Glutathione	50 mg
Stevia Leaf Extract	50 mg
Polygonum cuspidatum Root Extract	40 mg
Yielding: trans-resveratrol	10 mg
Bilberry (Vaccinium myrtillus L) Extract	40 mg
Yielding: anthocyanidins	10 mg
Grape Seed (Vitis vinifera) Extract	30 mg
Yielding: proanthocyanidins	28.5 mg
Acetyl-L-Carnitine	30 mg
Phosphatidylserine	20 mg
Milk Thistle Extract	20 mg
Yielding: Silymarin	16 mg
Lycopene	5 mg
Lutein (FloraGLO® brand)	5 mg
Astaxanthin	20 mcg

Other ingredients: natural pineapple, strawberry, banana and raspberry flavors.

Contains: Soy.

Warning: If pregnant or nursing, consult your healthcare practitioner before taking this product

WARNING: This product contains lead, a chemical known to the State of California to cause birth defects and other reproductive harm.

Suggested Use: As a dietary supplement, mix one rounded (10.77 g) scoop or in 4 to 8 oz of cold water or juice, 1-2 times daily, or as directed by your healthcare practitioner.



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