



# HEALTHY OMEGA FORTE

A HIGH YIELD OMEGA 3 SUPPLEMENT TO SUPPORT  
HEART, VASCULAR AND COGNITIVE FUNCTION†

**A high potency Omega 3 fatty acid supplement containing  
450 mg EPA and 330 mg DHA combined with Vitamin D3.**

**Healthy Omega Forte** is our superior quality, lemon flavored Omega-3 formula providing a high yield of EPA and DHA combined with 1,000 IU of Vitamin D3. The Omega-3 fish oil, in this product, is from wild caught anchovies, sardines and tuna. The oil is then molecularly distilled to ensure purity and stability.

**Healthy Omega Forte supports:**

- Cardiovascular health\*
- Immune system function\*
- Joint comfort\*
- Skin and hair health\*
- Neurological performance\*

**Healthy Omega Forte** supports cholesterol balance, cardiovascular, joint & skin health, as well as immune system function.\*

Omega-3 fatty acids are important to health, especially for the heart, brain and cell membranes of the body.\* The omega-3 fatty acids, Eicosapentaenoic Acid (EPA) and Docosahexaenoic Acid (DHA), are precursors to the PGE3 series of prostaglandins, which are substances important to proper body regulation.\*

**Vitamin D3:**

- Vitamin D is a fat-soluble vitamin. Adequate vitamin D levels may be important for maintaining blood pressure within normal ranges.\* Vitamin D also impacts heart health by supporting the body's natural cytokine production and vascular function.\*

**Supplement Facts**

**Serving Size: 2 Softgels**

**Amount Per Serving**

Calories	25
Calories from Fat	20
Total Fat	2.5 g
Cholesterol	4 mg
Vitamin D3 (cholecalciferol)	1,000 IU
Marine Lipid Concentrate	2,520 mg
yielding EPA	900 mg
DHA	660 mg

Other Ingredients: gelatin, glycerin, water, ascorbyl palmitate, d-alpha tocopherol (as a preservative), natural lemon flavor.

**Contains: Fish (Anchovy, Sardine, and Tuna).**

**Warning:** If pregnant or nursing, consult your healthcare practitioner before taking this product.

**Warning:** This product contains PCBs, a chemical known to the State of California to cause birth defects or other reproductive harm.

**Suggested Use:** As a dietary supplement, take 2 softgels daily, or as directed by your healthcare practitioner.

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These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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