



HEALTHY DETOX I[†]

A DIETARY SUPPLEMENT TO SUPPORT DETOXIFICATION FUNCTIONS[†]

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Healthy Detox I[†] combines various minerals, herbs, antioxidants, glutathione precursors, amino acids, DMG and 3 patented ingredients known to support bioavailability and liver health.*

Healthy Detox I[†] is recommended for:

- people searching for support for normal toxin cleansing and individuals on a weight-loss program*
- people exposed to chemical solvents (painters, dry cleaners, construction workers, printers, office workers, auto mechanics, manicurists, and beauticians)
- people who experience continuing fatigue*
- people undergoing sauna therapy and people with chemical sensitivities*

Healthy Detox I[†] supports normal detoxification in the following ways*:

- providing advanced, balanced support for multiple phases of detoxification*
- supporting kidney, liver and colon health and function*
- supporting the detoxification of solvents, metabolic wastes, micro-organisms, environmental toxins and drugs*

Phases of Detoxification:

- **Phase I (neutralize)** involves a group of enzymes, known as the cytochrome P450 family, which are all imbedded in healthy cell membranes of liver cells. When cytochrome P450 enzymes metabolize a toxin, it chemically transforms it to a less toxic form making it a water soluble substance ready for Phase II. During Phase I many free radicals are generated making antioxidants a critical component to a well rounded program.
- **Phase II (conjugate)** involves a process called conjugation. Conjugation may be defined as the addition or coming together of compounds in order to neutralize toxins, making them more easily excreted through the urine or bile. The major conjugation reactions include glucuronidation, amino acid conjugation, sulfation, glutathione conjugation, acetylation and methylation.*
- **Phase III (eliminate)** is when the toxins actually exit the body. Colon health, digestion and overall intestinal wellbeing are intricately involved in the health of the detoxification process. The bacillus coagulans used in this formula are a vegetarian, dairy free source of probiotics providing five billion colony-forming units that support intestinal wellness and colon health to allow for a healthy elimination process.* Burdock is a source of inulin and mucilage offering a soothing effect on the GI tract.* As a prebiotic and fiber, Inulin supports the growth of friendly and healthy intestinal bacteria which supports good colon health and microbial balance in the gut during and following a detoxification program.*
- **Urinary Tract Support** is also covered in this formula as it too plays a role in the elimination process.* Uva Ursi Leaf Extract is most commonly known for its kidney supportive cleansing properties.* Stinging Nettle Leaf Extract is an herb that supports removal of metabolic waste for easy excretion through the kidneys.*

Ingredients of interest include:

- **LeucoSelect® Phytosome™ (Grape Seed Extract)** is a proprietary technology consisting of low molecular weight grape seed extract in a highly-bioavailable complex.* Multiple clinical trials have assessed Leucoselects® supportive properties.*
- **Siliphos® Silybin Phytosome™** is a patented, highly bioavailable version of milk thistle's active constituent, silymarin.* Siliphos® is so named because it is a combination of silybin and the phospholipid phosphatidylcholine, rendering it more bioavailable than regular silybin.*
- **Curcumin C3 Complex®** is an important liver health antioxidant.* It also supports bile production, thereby contributing to the elimination process.* The patented complex included in our product includes three curcuminoids: Curcumin, Demethoxycurcumin and Bisdemethoxycurcumin.
- **Chlorella-Cracked Cell Powder** is included in our formula because of its affinity for binding with heavy metals and toxins. Specifically, chlorella binds with mercury, lead and cadmium, making it one of the most popular detox-supportive supplements.* We use only the cracked cell type, as nutrients will be available through the hard, cellulose wall only in this manner.
- To compliment this process, we suggest using our Organic Brown Rice Protein Powder which combines Acacia fiber and non dairy probiotics to support the elimination phase and bacterial balance during and after the action of any serious cleansing regimen.*

Supplement Facts

Serving Size 6 Capsules

Amount Per Serving

Magnesium (as Mg Citrate)	100 mg
Selenium (as Selenomethionine)	60 mcg
Chlorella-Cracked Cell Powder	1,000 mg
Bacillus coagulans	5 billion CFU
DMG HCl	500 mg
L-Glycine	300 mg
L-Glutamine	300 mg
L-Taurine	300 mg
Curcumin C3 Complex®	200 mg
yielding Curcuminoids	190 mg
Siliphos® Silybin Phytosome™ (Silybum marianum Seed Extract/ Phosphatidylcholine Complex)	200 mg
Stinging Nettle (Urtica dioica) Leaf 4:1 Extract	167 mg
Uva ursi Leaf 4:1 Extract	167 mg
Milk Thistle (Silybum marianum) Seed Extract yielding silymarin	167 mg
Burdock (Arctium lappa) Root 4:1 Extract	133.6 mg
LeucoSelect® Phytosome™ (Grape Seed (Vitis vinifera) Extract / Phosphatidylcholine Complex)	167 mg
Alpha-Lipoic Acid	100 mg
N-Acetyl-L-Cysteine	100 mg

Other Ingredients: vegetable cellulose (capsule), vegetarian leucine, silicon dioxide.

Contains: Soy.



Curcumin C3 Complex® is a Patented product and registered trademark of Sabinsa Corporation.

Siliphos® and Leucoselect® Phytosome™ are registered trademarks of Indena SpA, Milano.

Warning: If pregnant, nursing, have gallstones or gallbladder disease, consult your healthcare practitioner before taking this product. Not for use in children.

WARNING: This product contains lead, a chemical known to the State of California to cause birth defects and other reproductive harm.

Suggested Use: As a dietary supplement, take 6 capsules daily for up to 1 month, or as directed by your healthcare practitioner. Detoxification programs are not intended for long term use. Consult your healthcare practitioner if you plan to use the formula for more than 1 month at a time.

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