



## NAC

AN AMINO ACID SUPPLEMENT TO SUPPORT IMMUNE AND RESPIRATORY FUNCTION†

### **An amino acid supplement to support immune system function and lung health.\***

N-Acetyl Cysteine (NAC) is a non-essential, free form amino acid that is a highly stable form of cysteine.\*

NAC has antioxidant properties and is necessary for the production of glutathione.\*

Glutathione helps the body cope with oxidative stress, which is associated with disease and improves the number and activity of immune cells within the body.\*

The antioxidant and free radical neutralizing properties of NAC might also help it support pulmonary and cardiac function.\*

NAC helps to support healthy lung tissue and the body's natural defenses including cellular health.\*

NAC helps to break down mucus in the respiratory tract and helps with rebuilding of lung tissue, and helps support the activation of immune cells to support the immunity.\*

NAC seems to be able to help clear mucus from the body as a result of several different mechanisms. NAC ruptures mucus disulfide bonds, which reduces mucus viscosity, and it stimulates clearance of mucus from the respiratory tract.\* NAC also appears to help maintain inflammatory processes within normal ranges.\*

### **Supplement Facts**

**Serving Size: 1 Capsule**

**Amount Per Serving**

N-Acetyl Cysteine	500 mg
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Other ingredients: vegetable cellulose, microcrystalline cellulose, vegetarian leucine.

**Warning:** If pregnant or nursing, consult your healthcare practitioner before taking this product.

**Suggested Use:** As a dietary supplement, take 1 capsule, 1 – 4 times daily with food, or as directed by your healthcare practitioner.

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Weston, MA 02493  
781-237-8505  
[www.drbarrytaylor.com](http://www.drbarrytaylor.com)

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